

**THE SERVICE OF SMALL COMPLINE with
THE CANON OF PREPARATION FOR HOLY COMMUNION**
to be prayed the night before communion

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

Glory to Thee, our God, Glory to Thee.

Heavenly King, O Comforter, the Spirit of truth, Who art everywhere present and fillest all things, O Treasury of every good and Bestower of life: come and dwell in us, and cleanse us from every stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto the ages of ages. Amen. All-holy Trinity, have mercy on us. Lord, be gracious unto our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (3x)

Our Father, Which art in the Heavens, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

O Come, let us worship God, our King.

O Come, let us worship and fall down before Christ, our King and God.

O Come, let us worship and fall down before Christ himself, our King and God.

Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

Psalm 69

O God, be attentive unto helping me; O Lord, make haste to help me. Let them be shamed and confounded that seek after my soul. Let them be turned back and brought to shame that desire evils against me. Let them be turned back straightway in shame that say unto me: Well done! Well done! Let them be glad and rejoice in Thee all that seek after Thee, O God, and let them that love Thy salvation say continually: The Lord be magnified. But as for me, I am poor and needy; O God, come unto mine aid. My helper and my deliverer art Thou, O Lord; make no long tarrying.

Psalm 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgement with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a

waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

Doxology

Glory to God in the highest, and on earth peace, good will among men.

We praise Thee; we bless Thee; we worship Thee; we glorify Thee; we give thanks to Thee for Thy great glory:

O Lord, heavenly King, God the Father Almighty, O Lord, the Only-Begotten Son, Jesus Christ, and O Holy Spirit.

O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world: have mercy on us, Thou that takest away the sins of the world.

Receive our prayer, Thou that sittest at the right hand of the Father; and have mercy on us.

For Thou only art holy; Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy name forever, yea forever and ever.

Lord, Thou hast been our refuge from generation to generation. I said: O Lord, have mercy on me; heal my soul, for I have sinned against Thee.

Lord, unto Thee have I fled for refuge; teach me to do Thy will, for Thou art my God.

For in Thee is the fountain of life; in Thy light shall we see light.

O continue Thy mercy unto them that know Thee.

Vouchsafe, O Lord, to keep us this night without sin.

Blessed art Thou, O Lord, the God of our fathers, and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

Blessed art Thou, O Lord, teach me Thy statutes.

Blessed art Thou, O Master, grant me understanding of Thy statutes.

Blessed art Thou, O Holy One, enlighten me by Thy statutes.

O Lord, Thy mercy endureth for ever; disdain not the works of Thy hands.

Unto Thee is due praise, unto Thee is due song, unto Thee glory is due, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

The Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men, and for our salvation, came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; And was crucified for us under Pontius Pilate, and suffered, and was buried; And arose again on the third day according to the Scriptures; And ascended into the heavens, and sitteth at the right hand of the Father; And shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life; Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets. In One, Holy, Catholic, and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, And the life of the age to come. Amen.

THE CANON OF PERPARATION FOR HOLY COMMUNION

Second Tone

ODE ONE

Heirmos

Come, all ye people, let us all sing to Christ God, Who divided the sea, and made a way for the people which He had brought up out of the bondage of Egypt; for He is glorified.

Have mercy on me, O God, have mercy on me.

May Thy holy Body be for me the Bread of life everlasting, O compassionate Lord, and may Thy precious Blood be a remedy for diverse maladies.

Have mercy on me, O God, have mercy on me.

Defiled by unseemly deeds, wretched as I am, I am unworthy, O Christ, to partake of Thine immaculate Body and divine Blood; but make me worthy of them.

Most holy Mother of God, save us.

O blessed Bride of God, O good land which produced the Ear of Wheat which knew no husbandry and which bringeth salvation to the world: grant that I who eat thereof may be saved.

ODE THREE
Heirmos

Establishing me on the rock of faith, Thou hast enlarged my mouth over mine enemies; for my spirit rejoiceth in chanting: There is none holy as our God, and none righteous save Thee, O Lord.

Have mercy on me, O God, have mercy on me.

Grant me, O Christ, teardrops to cleanse the defilement of my heart, that, purified and with a good conscience, I may draw nigh with fear and faith, O Master, to the communion of Thy divine Gifts.

Have mercy on me, O God, have mercy on me.

May Thine immaculate Body and divine Blood be for the forgiveness of mine offences, for communion with the Holy Spirit, and for life everlasting, O Friend of man, and for estrangement from passions and sorrows.

Most holy Mother of God, save us.

O all-holy one, table of the Bread of Life which for mercy's sake came down from on high and gave new life to the world, make even me, who am unworthy, worthy now with fear to taste thereof and live.

ODE FOUR
Heirmos

From a Virgin didst Thou come, not as an ambassador, nor as an angel, but the very Lord Himself incarnate, and didst save me, the whole man. Wherefore I cry unto Thee: Glory to Thy power, O Lord.

Have mercy on me, O God, have mercy on me.

O Most Merciful One, Who wast incarnate for us, Thou didst will to be slain as a sheep for the sins of mortals. Wherefore also, I implore Thee to blot out mine offences.

Have mercy on me, O God, have mercy on me.

Heal the wounds of my soul, O Lord, and wholly sanctify me, the wretched one, and make me worthy, O Master, to partake of Thy divine Mystical Supper.

Most holy Mother of God, save us.

Make Him Who came forth from thy womb, O Lady, to be gracious also unto me; and keep me, thy suppliant, blameless and free of stain, that, by receiving within me the noetic Pearl, I may be sanctified.

ODE FIVE
Heirmos

O Bestower of light and Lord Creator of the ages: guide me in the light of Thy commandments; for we know none other God save Thee.

Have mercy on me, O God, have mercy on me.

As Thou didst foretell, O Christ, so let it be even now to Thine abject slave, and abide in me as Thou didst promise; for behold, I eat Thy divine Body and drink Thy Blood.

Have mercy on me, O God, have mercy on me.

O Word of God, and God, may the live coal of Thy Body be for the enlightenment of me who am darkened, and may Thy Blood be for the cleansing of my defiled soul.

Most holy Mother of God, save us.

O Mary, thou Mother of God, august tabernacle of the Sweet Fragrance: by thy prayers, make me a chosen vessel, that I may partake of the holy Gifts of thy Child.

ODE SIX
Heirmos

Encompassed round about by an abyss of offences, I appeal to the unfathomable abyss of Thy compassion: Raise me up from corruption, O God.

Have mercy on me, O God, have mercy on me.

O Saviour, sanctify my mind, soul, heart, and body; and grant that without condemnation, O Master, I may approach the dread Mysteries.

Have mercy on me, O God, have mercy on me.

Grant me estrangement from passions, and the increase of Thy grace, and assurance of life by my participation in Thy holy Mysteries, O Christ.

Most holy Mother of God, save us.

O holy Word of God, and God, as I now approach Thy divine Mysteries, sanctify the whole of me, by the supplications of Thy holy Mother.

KONTAKION
Second Tone. Seeking things on high

Disdain me not to receive now, O Christ, the Bread which is Thy Body, and Thy divine Blood, and to partake, O Master, of Thine immaculate and dread Mysteries; and may it not be unto me, the wretched one, for judgment, but for eternal and immortal life.

ODE SEVEN
Heirmos

When the golden image was adored in the plain of Deira, Thy three Children trampled underfoot the ungodly decree; and though cast into the midst of the fire, as ones refreshed they chanted: Blessed art Thou, the God of our Fathers.

Have mercy on me, O God, have mercy on me.

May the reception of Thine immortal Mysteries, the Source of every good, O Christ, be now unto me light, and life, and dispassion, and the cause of furtherance and proficiency in divine virtue, O only Good One, that I may glorify Thee.

Have mercy on me, O God, have mercy on me.

That I may be redeemed from passions, enemies, want, and every affliction, I now draw nigh with trembling, love, and reverence to Thine immortal and divine Mysteries, O Friend of man, and chant unto Thee: Blessed art Thou, the God of our Fathers.

Most holy Mother of God, save us.

O Thou who art graced of God, and gavest birth incomprehensibly to Christ the Saviour, I thy slave, impure as I am, now beseech thee, the pure one: From all defilement of flesh and spirit do thou cleanse me who am now about to approach the immaculate Mysteries.

ODE EIGHT

Heirmos

O ye works, praise ye the Lord God Who descended into the fiery furnace with the Hebrew Children and changed the flame into dew; and supremely exalt Him unto all the ages.

Have mercy on me, O God, have mercy on me.

Grant me, who am despairing, to be a communicant now of Thy heavenly, dread, and holy Mysteries, O Christ, and of Thy Divine and Mystical Supper, O God my Saviour.

Have mercy on me, O God, have mercy on me.

I flee for refuge under Thy compassion, O Good One, and I cry to Thee with fear: Abide in me, O Saviour, and I in Thee, as Thou didst say; for lo, trusting in Thy mercy, I eat Thy Body and drink Thy Blood.

Most holy Mother of God, save us.

I tremble as I receive the Fire, lest I should be burned as wax and as grass. O dread mystery! O divine compassion! How is it that I who am but clay partake of the divine Body and Blood and am made incorruptible?

ODE NINE

Heirmos

Our God and Lord, the Son of the Father which is without beginning, hath appeared to us incarnate of a Virgin, to enlighten those in darkness, and to gather the dispersed; wherefore do we magnify the all-hymned Theotokos.

Have mercy on me, O God, have mercy on me.

The Lord is good: O taste and see! For of old He became like unto us for our sake, and offered Himself once as an offering to His Father, and is ever slain, sanctifying them that partake of Him.

Have mercy on me, O God, have mercy on me.

May I be sanctified in body and soul, O Master; may I be enlightened; may I be saved; may I become Thy dwelling-place by the communion of the sacred Mysteries, having Thee with the Father and the Spirit abiding in me, O most merciful Benefactor.

Glory.

May Thy most precious Body and Blood be to me as fire and light, O my Saviour, consuming the substance of sin and burning the thorns of my passions, and enlightening the whole of me to worship Thy Divinity.

Both.

God took flesh of thy pure blood. Wherefore, every generation doth hymn thee, O Lady, and the multitudes of the noetic beings glorify thee; for through thee we have clearly seen the Master of all, Who assumed the nature of man.

And we complete the Service of Small Compline:

It is truly meet to call thee blest, the Theotokos, the ever-blessed and all-immaculate, and Mother of our God. More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Then:

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto the ages of ages. Amen. All-holy Trinity, have mercy on us. Lord, be gracious unto our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (3x)

Our Father, Which art in the Heavens, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

And the following Troparion:

When the glorious Disciples were enlightened at the washing of the feet, then Judas the ungodly one was stricken and darkened with the love of silver. And unto the lawless judges did he deliver Thee, the righteous Judge. O thou lover of money, behold thou him who for the sake thereof did hang himself; flee from that insatiable soul that dared such things against the Master. O Thou Who art good unto all, Lord, glory be to Thee.

Lord, have mercy. (40x)

Thou Who at all times and at every hour, in Heaven and on earth, art worshipped and glorified, O Christ God, Who art longsuffering, plenteous in mercy, most compassionate, Who lovest the righteous and hast mercy on sinners, Who callest all to salvation through the promise of good things to come: receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with Thy holy Angels, that, guided and guarded by their array, we may attain to the unity of the faith, and the knowledge of Thine unapproachable glory; for blessed art Thou unto the ages of ages. Amen.

Lord, have mercy. (3x)

Glory; both now.

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

Lord, have mercy. (12x)

Save, help, and protect us, O Virgin Theotokos.

A PRAYER TO THE MOST HOLY THEOTOKOS
By paul, a monk of the Monastery of the Benefactress

O spotless, undefiled, incorrupt, immaculate, pure Virgin, Lady Bride of God, who by thy wondrous conceiving hast united God the Word to man, and joined the outcast nature of our race to heavenly things, O only hope of the hopeless, and succour of the embattled, the ready help of them that have recourse to thee, and refuge of all Christians: abhor me not, the sinner, the accursed one, who have altogether made myself unprofitable by shameful thoughts, words, and deeds, and with the heartsease of life's pleasures am become a thrall in mind. But as the Mother of the man-befriending God, do thou, in man-befriending wise, take pity upon me a sinner and prodigal, and receive my supplication, offered thee on unclean lips. And using thy boldness as a mother, entreat thy Son, our Master and Lord, that He may open even unto me the loving compassions of His goodness, and that, overlooking mine innumerable trespasses, He would turn me to repentance, and make me the approved doer of His commandments. And be thou ever with me, as thou art merciful, and compassionate, and the lover of good, being in this life a fervent protectress and help, to defend me from the assaults of adversaries, and guide me unto salvation; and in the hour of my departure, to care for my wretched soul, and drive far from it the dark countenances of evil demons; and in the terrible day of judgment, to deliver me from eternal torment, and show me forth as an heir of the unspeakable glory of thy Son and our God. This be my lot, O my Lady, most holy Theotokos, by thy mediation and help, through the grace and love for man of thine Only-begotten Son, our Lord and God and Savior Jesus Christ, to Whom is due all glory, honour, and worship, with His Father which is without beginning, and His All-holy and good and life creating Spirit, now and ever, and unto ages of ages. Amen.

A PRAYER TO OUR LORD JESUS CHRIST

By Antiochus, a monk of Pandectis

And grant us, O Master, when we go to sleep, repose of body and soul; and keep us from the murky slumbering of sin and every dark voluptuousness of night. Calm the violence of the passions, quench the fiery darts of the evil one, which are treacherously hurled against us. Subdue the rebellions of our flesh, and quell our every earthly and material thought. And grant unto us, O God, a watchful mind, a chaste thought, a sober heart, and sleep light and free from all satanic phantasies. And raise us up at the hour of prayer, established in Thy commandments and holding the remembrance of Thy judgments unshakable within us. Grant us to hymn Thy glory all the night long, that we may praise and bless and glorify Thine all-honoured and majestic Name, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Most glorious, Ever virgin, blessed Theotokos, present our prayer to thy Son and our God, and pray that through thee He would save our souls.

My hope is the Father, my refuge the Son, my shelter the Holy Spirit. O Holy Trinity, glory be to Thee.

Unto thee do I commit mine every hope, O Mother of God; guard me under thy shelter.

In thee, O Full of Grace, all creation-both the company of angels and the race of men-doth rejoice. O hallowed temple and spiritual paradise, boast of virgins: from thee God was incarnate, and became a child, He, our God Who existed before the ages; for He made thy womb a throne, and He made thee more spacious than the heavens. In thee, O Full of Grace, all creation doth rejoice. Glory be to thee.

A PRAYER TO THE GUARDIAN ANGEL

O Holy Angel, attendant of my wretched soul and of mine afflicted life, forsake me not, a sinner, neither depart from me for mine incontinency. Give no place to the evil demon to subdue me with the oppression of this mortal body; but take me by my wretched and outstretched hand, and lead me in the way of salvation. Yea, O holy Angel of God, the guardian and protector of my hapless soul and body, forgive me all things whatsoever wherewith I have troubled thee, all the days of my life, and if I have sinned in anything this day. Shelter me in this present night, and keep me from every affront of the enemy, lest I anger God by any sin; and intercede with the Lord in my behalf, that He might strengthen me in the fear of Him, and make me a worthy servant of His goodness. Amen.

O Theotokos and Virgin, rejoice, O Mary full of grace; the Lord is with thee. Blessed art thou among women, and blessed is the Fruit of thy womb; for thou hast borne the Savior of our souls. (3x).

Then the following Theotokion in Third Tone:

Awed by the beauty of thy virginity and the exceeding radiance of thy purity, Gabriel called out unto thee, O Theotokos: What worthy hymn of praise can I offer unto thee? And what shall I name thee? I am in doubt and stand in awe. Wherefore, as commanded, I cry to thee: Rejoice, O Full of Grace.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

ON THE FOLLOWING DAY *to be prayed the day of and before communion*

After the usual Morning Prayers, say:

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us. Amen.

Lord, have mercy. (12x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

- O Come, let us worship God, our King.
- O Come, let us worship and fall down before Christ, our King and God.
- O Come, let us worship and fall down before Christ himself, our King and God.

Psalm 22

The Lord is my Shepherd, and I shall not want. In a place of green pasture, there hath He made me to dwell; beside the water of rest hath He nurtured me. He hath converted my soul, He hath led me on the paths of righteousness for His name's sake. For though I should walk in the midst of the shadow of death, I will fear no evil, for Thou art with me; Thy rod and Thy staff, they have comforted me. Thou hast prepared a table for me in the presence of them that afflict me. Thou hast anointed my head with oil, and Thy cup which filleth me, how excellent it is! And Thy mercy shall pursue me all the days of my life, and I will dwell in the house of the Lord unto length of days.

Psalm 23

The earth is the Lord's, and the fullness thereof, the world, and all that dwell therein. He hath founded it upon the seas, and upon the rivers hath He prepared it. Who shall ascend into the mountain of the Lord? Or who shall stand in His holy place? He that is innocent in hands and pure in heart, who hath not received his soul in vain, and hath not sworn deceitfully to his neighbour. Such a one shall receive a blessing from the Lord, and mercy from God his Saviour. This is the generation of them that seek the Lord, of them that seek the face of the God of Jacob. Lift up your gates, O ye princes; and be ye lifted up, ye everlasting gates, and the King of Glory shall enter in. Who is this King of Glory? The Lord strong and mighty, the Lord, mighty in war. Lift up your gates, O ye princes; and be ye lifted up, ye everlasting gates, and the King of Glory shall enter in. Who is this King of Glory? The Lord of hosts, He is the King of Glory.

Psalm 115

I believed wherefore I spake; I was humbled exceedingly. As for me, I said in mine ecstasy: Every man is a liar. What shall I render unto the Lord for all that He hath rendered unto me? I will take the cup of salvation, and I will call upon the name of the Lord. My vows unto the Lord will I pay in the presence of all His people. Precious in the sight of the Lord is the death of His saints. O Lord, I am Thy servant; I am Thy servant and the son of Thy handmaid. Thou hast broken my bonds asunder. I will sacrifice a sacrifice of praise unto Thee, and I will call upon the name of the Lord. My vows unto the Lord will I pay in the presence of all His people, in the courts of the house of the Lord, in the midst of thee, O Jerusalem.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.
 Alleluia, alleluia, alleluia. Glory to Thee, O God. (3x)
 Lord, have mercy. (3x)

Troparia, Plagal of Fourth Tone

Overlook mine iniquities, O Lord Who wast born of a Virgin, and purify my heart, and make it a temple for Thine immaculate Body and Blood. Cast me not away from Thy presence as one despised, O Thou Who hast immeasurably great mercy.

Glory.

How can I, the unworthy one, shamelessly dare to partake of Thy holy Gifts? For should I dare to approach Thee with those who are worthy, my vesture doth betray me, for it becometh not the Supper, and I shall bring condemnation upon my sin-laden soul. Cleanse, O Lord, the defilement of my soul, and save me, since Thou art the Friend of man.

Both now.

Great are the multitudes of mine offences, O Theotokos; to thee have I fled, O pure one, and implore salvation. Visit mine ailing soul, and intercede with thy son and our God that He may grant me forgiveness for the grievous deeds which I have committed, O only blessed one.

On Holy and Great Thursday, the following is said:

When the glorious disciples were enlightened at the washing of the feet, then Judas the ungodly one was stricken and darkened with the love of silver. And unto the lawless judges did he deliver Thee, the righteous Judge. Behold, O lover of money, him that for the sake thereof did hang himself; flee from that insatiable soul that dared such things against the Master. O Thou Who art good unto all, Lord, glory be to Thee.

Lord have mercy. (40x)

Bows or prostrations, as many as desired.

Didactic verses on how one must approach the immaculate mysteries

When thou, O man, art about to eat the Master's Body,
Draw nigh with fear, lest thou be seared; It is Fire.
And as thou drinkest the divine Blood unto communion,
First reconcile thyself with them that grieve thee,
Then, with daring, venture to eat the Mystic Food.

Other similar verses

Before partaking of the dread Sacrifice
Of the life-creating Body of the Master,
On this wise pray with trembling:

The first prayer, of St. Basil the Great

O Master Lord Jesus Christ our God, Source of life and immortality, Creator of all things visible and invisible, the co-eternal and co-unoriginate Son of the unoriginate Father, Who, out of Thy great goodness, didst in the latter days clothe Thyself in flesh, and wast crucified, and buried for us ungrateful and evil-disposed ones, and hast renewed with Thine Own Blood our nature corrupted by sin:

Do Thou Thyself, O Immortal King, accept the repentance of me a sinner, and incline Thine ear to me, and hearken unto my words. For I have sinned against heaven and before Thee, and I am not worthy to look upon the height of Thy glory; for I have angered Thy goodness by transgressing Thy commandments and not obeying Thine injunctions. But Thou, O Lord, Who art not vengeful, but long-suffering and plenteous in mercy, hast not given me over to be destroyed with my sins, but always Thou awaitest my complete conversion. For Thou hast said, O Lover of mankind, through Thy prophet: For I desire not the death of the sinner, but that he should return and live. For Thou desirest not, O Master, to destroy the work of Thy hands, neither shalt Thou be pleased with the destruction of men, but desirest that all be saved and come to a knowledge of the truth.

Wherefore, even I, although unworthy of heaven and earth, and of this temporal life, having submitted my whole self to sin, and made myself a slave of pleasure, and having defaced Thine image, yet being Thy work and creation, wretched though I be, I despair not of my salvation, and dare to approach Thine immeasurable loving-kindness. Accept, then, even me, O Lord, Lover of mankind, as Thou didst accept the sinful woman, the thief, the publican, and the prodigal; and take away the heavy burden of my sins, Thou that takest away the sin of the world, and healest the infirmities of mankind, Who callest the weary and heavy-laden unto Thyself and givest them rest, Who camest not to call the righteous, but sinners to repentance. And do Thou cleanse me from all defilement of flesh and spirit, and teach me to achieve holiness in fear of Thee; that with the pure testimony of my conscience, receiving a portion of Thy Holy Things, I may be united unto Thy Holy Body and Blood, and have Thee living and abiding in me with the Father and Thy Holy Spirit. Yea, O Lord Jesus Christ my God, let not the communion of Thine immaculate and life-giving Mysteries be unto me for judgment, neither unto infirmity of soul and body because of my partaking of them unworthily; but grant me until my last breath to receive without condemnation the portion of Thy Holy Things, unto communion with the Holy Spirit, as a provision for life eternal, for an acceptable defense at Thy dread judgment seat; so that I also, with all Thine elect, may become a partaker of Thine incorruptible blessings, which Thou hast prepared for them that love Thee, O Lord, in whom Thou art glorified unto the ages. Amen.

The second prayer, of St. Basil the Great

I know, O Lord, that I partake unworthily of Thine immaculate Body and Thy precious Blood, and that I am guilty, and eat and drink damnation to myself, not discerning the Body and Blood of Thee, my Christ and God; but taking courage from Thy compassion I approach Thee Who hast said: He that eateth My Flesh, and drinketh My Blood, abideth in Me and I in him. Show compassion, therefore, O Lord, and do not accuse me, a sinner, but deal with me according to Thy mercy; and let these Holy Things be for me unto healing, and purification, and enlightenment, and preservation, and salvation, and unto sanctification of soul and body; unto the driving away of every phantasy, and evil practice, and activity of the devil working mentally in my members; unto confidence and love toward Thee, unto correction of life, unto steadfastness, unto an increase of virtue and perfection, unto fulfillment of the commandments, unto communion with the Holy Spirit, as a provision for life eternal, as an acceptable defense at Thy dread tribunal, not unto judgment or condemnation.

The third prayer, of St. John Chrysostom

O Lord My God, I know that I am not worthy nor sufficient that Thou shouldst enter beneath the roof of the temple of my soul, for all is empty and fallen, and Thou hast not in me a place worthy to lay Thy head; but as from on high Thou didst humble Thyself for our sake, do Thou now also lower Thyself to my lowliness; and as Thou didst consent to lie in a cave

and in a manger of dumb beasts, so consent also to lie in the manger of mine irrational soul and to enter into my defiled body. And as Thou didst not refuse to enter and to dine with sinners in the house of Simon the Leper, so deign also to enter into the house of my lowly soul, leprous and sinful. And as Thou didst not reject the harlot and sinner like me, when she came and touched Thee, so be compassionate also with me a sinner, as I approach and touch Thee. And as Thou didst feel no loathing for the defiled and unclean lips of her that kissed Thee, do Thou also not loathe my defiled lips nor mine abominable and impure mouth, and my polluted and unclean tongue. But let the fiery coal of Thy most Holy Body and Thy precious Blood be unto me for sanctification and enlightenment and health for my lowly soul and body, unto the lightening of the burden of my many sins, for preservation from every act of the devil, for the expulsion and prohibition of mine evil and wicked habits, unto the mortification of the passions, unto the keeping of Thy commandments, unto the application of Thy divine grace, unto the acquiring of Thy kingdom. For not with disdain do I approach Thee, O Christ God, but as one trusting in Thine ineffable goodness, and that I may not by much abstaining from Thy communion become the prey of the spiritual wolf.

Wherefore do I entreat Thee, for Thou art the only Holy One, O Master: Sanctify my soul and body, my mind and heart, my belly and inward parts, and renew me entirely. And implant Thy fear in my members, and make Thy sanctification inalienable from me, and be unto me a helper and defender, guiding my life in peace, vouchsafing me also to stand at Thy right hand with Thy saints, through the intercessions and supplications of Thy most pure Mother, of Thine immaterial ministers and immaculate hosts, and of all the saints who from the ages have been pleasing unto Thee. Amen.

The fourth prayer, of St. John Chrysostom

I am not sufficient, O Master and Lord, that Thou shouldst enter under the roof of my soul; but as Thou dost will as the Lover of mankind to dwell in me, I dare to approach Thee. Thou commandest: I shall open the doors which Thou alone didst create, that Thou mayest enter with Thy love for mankind, as is Thy nature, that Thou mayest enter and enlighten my darkened thought. I believe that Thou wilt do this, for Thou didst not drive away the sinful woman when she came unto Thee with tears, neither didst Thou reject the publican who repented, nor didst Thou spurn the thief who acknowledged Thy kingdom, nor didst Thou leave the repentant persecutor to himself; but all of them that came unto Thee in repentance Thou didst number among Thy friends, O Thou Who alone art blessed, always, now and unto endless ages. Amen.

The fifth prayer, of St. John Chrysostom

O Lord Jesus Christ my God, loose, remit, cleanse, and forgive me, Thy sinful and unprofitable, and unworthy servant, my transgressions and offences and fallings into sin, which I have committed against Thee from my youth until the present day and hour, whether consciously or unconsciously, whether by words or deeds, or in thought or imagination, in habit, and in all my senses. And through the intercessions of her that seedlessly gave Thee birth, the most pure and Ever-Virgin Mary, Thy Mother, the only hope that maketh not ashamed, and my mediation and salvation, vouchsafe me without condemnation to partake of Thine immaculate, immortal, life-giving and awesome Mysteries, unto the remission of sins and for life eternal, unto sanctification and enlightenment, strength, healing, and health of both soul and body, and unto the consumption and complete destruction of mine evil reasonings and intentions and prejudices and nocturnal phantasies of dark and evil spirits; for Thine is the kingdom, and the power, and the glory, and the honour and the worship, with the Father and Thy Holy Spirit, now and ever, and unto the ages of ages. Amen.

The sixth prayer, of St. John Chrysostom

O Master Lord Jesus Christ our God, Who alone hast authority to remit the sins of men: Do Thou, as the Good One and Lover of mankind, overlook all mine offences, whether committed with knowledge or in ignorance. And vouchsafe me to partake without condemnation of Thy Divine, glorious, immaculate, and life-giving Mysteries; not as a burden, nor for punishment, nor for an increase of sins, but unto purification and sanctification, and as a pledge of the life and kingdom to come, as a bulwark and help, and for the destruction of enemies, and for the blotting out of my many transgressions. For Thou art a God of mercy, and compassion, and love for mankind, and unto Thee do we send up glory, with the Father, and the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

The seventh prayer, of St. Symeon the New Theologian

From sullied lips, from an abominable heart, from a tongue impure, from a soul defiled, accept my supplication, O my Christ, and disdain me not, neither my words, nor my ways, nor my shamelessness. Grant me to say boldly that which I desire, O my Christ. Or rather, teach me what I ought to do and say. I have sinned more than the sinful woman who, having learned where Thou wast lodging, bought myrrh, and came daringly to anoint Thy feet, my God, my Master, and my Christ. As Thou didst not reject her when she drew near from her heart, neither, O Word, be Thou filled with loathing for me, but grant me Thy feet to clasp and kiss, and with floods of tears, as with most precious myrrh, dare to anoint them. Wash me with my tears, and purify me with them, O Word; remit also my transgressions, and grant me pardon. Thou knowest the multitude of mine evils, Thou knowest also my sores, and Thou seest my wounds; but also Thou knowest my

faith and Thou beholdest my good intentions, and Thou hearest my sighs. Nothing is hidden from Thee, my God, my Creator, my Redeemer, neither a teardrop, nor a part of a drop. My deeds not yet done Thine eyes have seen, and in Thy book even things not yet accomplished are written by Thee. See my lowliness, see my toil, how great it is, and all my sins take from me, O God of all; that with a pure heart, a trembling mind, and a contrite soul I may partake of Thy spotless and most holy Mysteries, by which all that eat and drink in purity of heart are quickened and deified. For Thou, O my Master, hast said: Everyone that eateth My Flesh and drinketh My Blood abideth in Me, and I in him. True is every word of my Master and God; for whosoever partaketh of the divine and deifying grace is no more alone, but with Thee, my Christ, the three-sunned Light that enlighteneth the world. And that I may not remain alone without Thee, the Life-giver, my Breath, my Life, my Rejoicing, the Salvation of the world, therefore have I drawn nigh unto Thee, as Thou seest, with tears, and with a contrite soul. O Ransom of mine offences, I ask Thee to receive me, and that I may partake without condemnation of Thy life-giving and perfect Mysteries, that Thou mayest remain, as Thou hast said, with me, a thrice-wretched one, lest the deceiver, finding me without Thy grace, craftily seize me, and having beguiled me, draw me away from Thy deifying words. Wherefore, I fall down before Thee, and fervently cry unto Thee: As Thou did receive the prodigal, and the sinful woman who drew near, so receive me, the prodigal and profligate, O Compassionate One. With contrite soul I now come to Thee. I know, O Saviour, that none other hath sinned against Thee as have I, nor hath wrought the deeds that I have done. But this again I know, that neither the magnitude of mine offences nor the multitude of my sins surpasseth the abundant long-suffering of my God and His exceeding love for mankind; but with sympathetic mercy Thou dost purify and illumine them that fervently repent, and makeest them partakers of the light, sharers of Thy divinity without stint. And, strange to angels and to the minds of men, Thou conversest with them oftimes, as with Thy true friends. These things make me bold, these things give me wings, O Christ. And taking courage from the wealth of Thy benefactions to us, rejoicing and trembling at once, I partake of Fire, I that am grass. And, strange wonder! I am bedewed without being consumed, as the bush of old burned without being consumed. Now with thankful mind, and grateful heart, with thankfulness in my members, my soul and body, I worship and magnify and glorify Thee, my God, for blessed art Thou, both now and unto the ages.

The eighth prayer, of St. Symeon Metaphrastes

O only pure and sinless Lord, Who, through the ineffable compassion of Thy love for mankind, didst take on all of our substance from the pure and virgin blood of her that bare Thee supernaturally through the descent of the Divine Spirit and the good will of the everlasting Father; O Christ Jesus, Wisdom of God, and Peace, and Power, Thou Who through the assumption of our nature didst take upon Thyself Thy life-giving and saving Passion: the Cross, the nails, the spear, and death: Mortify the soul-corrupting passions of my body. Thou Who by Thy burial didst lead captive the kingdom of hades, bury with good thoughts mine evil schemes, and destroy the spirits of evil. Thou Who by Thy life-bearing Resurrection on the third day didst raise up our fallen forefather, raise me up who have slipped down into sin, setting before me the ways of repentance. Thou Who by Thy most glorious Ascension didst deify the flesh that Thou hadst taken, and didst honour it with a seat at the right hand of the Father, vouchsafe me through partaking of Thy holy Mysteries to obtain a place at Thy right hand among them that are saved. O Thou Who by the descent of Thy Spirit, the Comforter, didst make Thy holy disciples worthy vessels, show me also to be a receptacle of His coming. Thou Who art to come again to judge the world in righteousness, deign to let me also meet Thee on the clouds, my Judge and Creator, with all Thy saints; that I may endlessly glorify and praise Thee, with Thine unoriginate Father, and Thy Most-Holy and good and life-creating Spirit, now and ever, and unto the ages of-ages. Amen.

The ninth prayer, of St. John Damascene

I stand before the doors of Thy temple, yet I do not put away evil thoughts. But do Thou, O Christ God, Who didst justify the publican, and didst have mercy on the woman of Canaan, and didst open the doors of paradise to the thief, open unto me the abyss of Thy love for mankind, and receive me as I come and touch Thee, as Thou didst receive the sinful woman and the woman with an issue of blood. For the one received healing easily by touching the hem of Thy garment, while the other, by clasping Thy most pure feet, carried away absolution of sins. And I, a wretch, daring to receive Thy whole Body, let me not be consumed by fire; but receive me, as Thou didst receive them, and enlighten my spiritual, senses, burning up my sinful errors; through the intercessions of her that seedlessly gave Thee birth, and of the heavenly hosts, for blessed art Thou unto the ages of ages. Amen.

The tenth prayer, of St. John Chrysostom

I believe, O Lord and I confess that Thou art truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am chief. Moreover, I believe that this is truly Thy most pure Body and this is truly Thine Own precious Blood; wherefore I pray thee: Have mercy on me and forgive me my transgressions, voluntary and involuntary, whether in word or deed, in knowledge or in ignorance. And vouchsafe me to partake without condemnation of Thy most pure Mysteries, unto the remission of sins and life everlasting. Amen.

When Coming to Partake of Holy Communion say these verses of Symeon Metaphrastes:

Behold, I approach Divine Communion;
O Maker, burn me not as I partake,
For Fire art Thou which burneth the unworthy.
But purify Thou me of every stain.

Then the Troparion:

Of Thy Mystic Supper, O Son of God, receive me today as a communicant; for I will not speak of the Mystery to Thine enemies; nor will I give Thee a kiss as did Judas; but like the thief do I confess Thee: Remember me, O Lord, in Thy Kingdom.

And also these verses:

Tremble, O man, as thou beholdest the deifying Blood,
For it is a burning coal consuming the unworthy.
The Body of God both deifieth and nourisheth me;
It deifieth the spirit and wondrously nourisheth the mind.

And these Troparia:

Thou hast smitten me with yearning, O Christ, and by Thy divine love hast Thou changed me. But with Thine immaterial fire, consume my sins and count me worthy to be filled with delight in Thee, that leaping for joy, O Good One, I may magnify Thy two comings.

Into the splendour of Thy Saints how shall I, the unworthy one, enter? For should I dare to enter the bridal chamber, my vesture doth betray me, for it is not a wedding garment; and as one bound, I shall be cast out by the Angels. Cleanse, O Lord, the defilement of my soul, and save me, since Thou art the Friend of man.

And this prayer:

O man-befriending Master, Lord Jesus my God, let not these holy Gifts be unto me for judgment through mine unworthiness, but for the purification and sanctification of both soul and body, and as an earnest of the life and the kingdom to come. For it is good for me to cleave unto God and to place in the Lord the hope of my salvation.

And again:

Of Thy Mystic Supper, O Son of God, receive me today as a communicant; for I will not speak of the Mystery to Thine enemies; nor will I give Thee a kiss as did Judas; but like the thief do I confess Thee: Remember me, O Lord, in Thy Kingdom. Remember me, O Master, in Thy Kingdom. Remember me, O Holy One, in Thy Kingdom.

Straightway upon receiving the Body and Blood of the Saviour, say the following quietly to thyself:

Behold, This hath touched thy lips, and will take away thine iniquities, and will purge thy sins.

Just prior to communing:

- When the Royal Doors are being opened, make the sign of the Cross and fold your forearms on your chest, the right arm forming a cross over the left one.
- When receiving Communion and walking away from the Chalice, keep your arms in that position.
- Hold babies with their head on your right side, with arms and legs secure so they don't hit the Chalice. If you continue to hold your child so you can commune, you must continue to secure their arms and legs to prevent them from hitting the Chalice.
- Having approached the Chalice, pronounce your name loudly and distinctly.
- Do not touch the Chalice with your hands or kiss the priest's hand.
- Do not make the sign of the Cross near the Chalice! When you are lifting your hand to make the sign of the Cross, you may cause the Chalice to spill the Sacred Gifts.
- **Do not grab the napkin and pull it toward your chin.** It will be handled by those assisting the priest/deacon.

- **Open your mouth wide. The spoon must fit inside your mouth.**
- **Do not pull away from the spoon.** You may back away from the spoon and napkin when the Gifts are fully inside your mouth and nothing will spill from either your mouth, lips, or the spoon.
- If the Sacred Gifts are distributed from several Chalices, each person can partake from only one of them. We cannot partake of the Sacred Gifts more than once in a day.
- Having returned home one should first of all read The Prayers After Holy Communion. If they are read in church after the service, you should listen to them there.

THE PRAYERS AFTER HOLY COMMUNION

Glory to Thee, O God, Glory to Thee, O God, Glory to Thee, O God.

Prayer of Thanksgiving, 1

I thank Thee, O Lord my God, that Thou hast not rejected me, a sinner, but hast vouchsafed me to be a communicant of Thy Holy Things. I thank Thee that Thou hast vouchsafed me, the unworthy, to partake of Thy most pure and heavenly Gifts. But, O Master, Lover of mankind, Who for our sake didst die and didst rise again, and didst bestow upon us these dread and life-giving Mysteries for the well-being and sanctification of our souls and bodies, grant that these may be even unto me for the healing of both soul and body, for the averting of everything hostile, for the enlightenment of the eyes of my heart, for the peace of the powers of my soul, for faith unashamed, for love unfeigned, for the fullness of wisdom, for the keeping of Thy commandments, for an increase of Thy divine grace, and for the attainment of Thy kingdom; that being preserved by them in Thy holiness, I may remember Thy grace always, and no longer live for myself, but for Thee, our Master and Benefactor; and thus when I shall have departed this life in hope of life eternal, I may attain unto everlasting rest, where the sound of them that keep festival is unceasing, and the delight is endless of them that behold the ineffable beauty of Thy countenance. For Thou art the true desire and the unutterable gladness of them that love Thee, O Christ our God, and all creation doth hymn Thee unto the ages. Amen.

Prayer 2, of Basil the Great

O Master Christ God, King of the ages and Creator of all things, I thank Thee for all the good things which Thou hast bestowed upon me, and for the communion of Thy most pure and life creating Mysteries. I pray Thee, therefore, O Good One and Lover of mankind: Keep me under Thy protection and in the shadow of Thy wings; and grant me, even until my last breath, to partake worthily, with a pure conscience, of Thy Holy Things, unto the remission of sins and life eternal. For Thou art the Bread of life, the Source of holiness, the Giver of good things; and unto Thee do we send up glory, together with the Father and the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Prayer 3, Verses of Metaphrastes

O Thou Who givest me willingly Thy Flesh as food, Thou Who art fire that doth consume the unworthy, let me not be scorched, O my Creator. But rather, enter Thou into my members, into all my joints, my reins, my heart. Burn up the thorns of all my sins. Purify my soul, sanctify my thoughts. Strengthen my substance together with my bones. Enlighten my simple five senses. Nail down the whole of me with the fear of Thee. Ever protect, preserve, and keep me from every soul-corrupting deed and word. Purify, cleanse, and adorn me; make me comely, give me understanding, and enlighten me. Show me to be the dwelling-place of Thy Spirit alone, and no longer the habitation of sin; that from me as Thine abode through the entry of Communion, every evildoer, every passion may flee as from fire. As intercessors I offer unto Thee all the saints, the commanders of the bodiless hosts, Thy Forerunner, the wise Apostles, and further, Thine undefiled, pure Mother, whose entreaties do Thou accept, O my compassionate Christ, and make Thy servant a child of light. For Thou alone art our sanctification, O Good One, and the radiance of our souls, and unto Thee as God and Master, we all send up glory, as is meet, every day.

Another Prayer

O Lord Jesus Christ our God, may Thy holy Body be unto me for life eternal, and Thy precious Blood for the remission of sins; and may this Eucharist be unto me for joy, health, and gladness. And at Thy dread Second Coming vouchsafe me, a sinner, to stand at the right hand of Thy glory, through the intercessions of Thy most pure Mother and of all the saints.

Another Prayer, to the Most Holy Theotokos

O most holy Lady Theotokos, light of my darkened soul, my hope, protection, refuge, consolation, my joy: I thank thee that thou hast vouchsafed me, who am unworthy, to be a partaker of the most pure Body and precious Blood of thy Son. O thou who gavest birth to the True Light, do thou enlighten the spiritual eyes of my heart; thou who gavest birth to the Source of immortality, revive me who am dead in sin; thou who art the lovingly-compassionate Mother of the merciful God, have mercy on me, and grant me compunction and contrition in my heart, and humility in my thoughts, and the recall of my thoughts from captivity. And vouchsafe me, until my last breath, to receive without condemnation the sanctification of

the most pure Mysteries, for the healing of both soul and body; and grant me tears of repentance and confession, that I may hymn and glorify thee all the days of my life, for blessed and most glorious art thou unto the ages. Amen.

Prayer of St. Symeon

Now lettest Thou Thy servant depart in peace, O Master, according to Thy word; for mine eyes have seen Thy salvation, which Thou hast prepared before the face of all peoples, a light of revelation for the Gentiles, and the glory of Thy people Israel.

Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

If the liturgy of St. John Chrysostom was served:

Troparion, Tone 8: Grace shining forth from thy mouth like a beacon hath illumined the universe, and disclosed to the world treasures of uncovetousness, and shown us the heights of humility; but while instructing by thy words, O Father John Chrysostom, intercede with the Word, Christ our God, to save our souls.

Glory to the Father and to the Son, and to the Holy Spirit.

Kontakion, Tone 6: From the heavens hast thou received divine grace and by thy lips thou dost teach all to worship the One God in Trinity, O John Chrysostom, all-blessed righteous one. Rightly do we acclaim thee, for thou art a teacher revealing things divine.

If the liturgy of St. Basil the Great was served:

Troparion, Tone 1: Thy fame hath gone forth into all the earth, which hath received thy word. Thereby thou hast divinely taught the Faith; thou hast made manifest the nature of created things; thou hast made the moral life of men a royal priesthood. O Basil, our righteous father, intercede with Christ God that our souls be saved.

Glory to the Father and to the Son, and to the Holy Spirit.

Kontakion, Tone 4: Thou didst prove to be an unshakable foundation of the Church, giving to all mortals an inviolate lordship, and sealing it with thy doctrines, O righteous Basil, revealer of heavenly things.

Both now and ever, and unto the ages of ages. Amen.

O protection of Christians that cannot be put to shame, O mediation unto the Creator unailing, disdain not the suppliant voices of sinners; but be thou quick, O good one, to help us who in faith cry unto thee; hasten to intercession and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honour thee.

Lord, have mercy. (12x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us and save us. Amen