

THE FIRST HOUR for WEEKDAYS (M-F)

(to be read (not sung/chanted) by one Reader)

Priest: Blessed is our God always, now and ever, and unto ages of ages.

Reader: Amen.

Priest: *(exclude from Pascha to Pentecost)*

Glory to thee, our God. Glory to thee. O heavenly King, Comforter, the Spirit of truth, who art everywhere present and fill all things, the Treasury of good things and Giver of life; Come, and abide in us and cleanse us from every stain and save our souls, O good One.

Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. **(3x)**

(start here from Pascha to Ascension)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. **(3x)**

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Reader: Amen.

Reader: Lord, have mercy. **(12x)**

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

O come, let us worship and fall down before God our King.

O come, let us worship and fall down before Christ, our King and our God.

O come, let us worship and fall down before the Very Christ, our King and our God.

PSALM 5

Unto my words, give ear, O Lord; hear my cry. Attend unto the voice of my supplication, O my King and my God; for unto Thee will I pray, O Lord. In the morning Thou shalt hear my voice. In the morning shall I stand before Thee, and Thou shalt look upon me; for not a God that willest iniquity art Thou. He that worketh evil shall not dwell near Thee, nor shall transgressors abide before Thine eyes. Thou hast hated all them that work iniquity; Thou shalt destroy all them that speak a lie. A man that is bloody and deceitful shall the Lord abhor. But as for me, in the multitude of Thy mercy shall I go into Thy house; I shall worship toward Thy holy temple in fear of Thee. O Lord, guide me in the way of Thy righteousness; because of mine enemies, make straight my way before Thee. For in their mouth there is no truth; their heart is vain. Their throat is an open sepulchre, with their tongues have they spoken deceitfully; judge them, O God. Let them fall down on account of their own devisings; according to the multitude of their ungodliness, cast them out, for they have embittered Thee, O Lord. And let all them be glad that hope in Thee; they shall ever rejoice, and Thou shalt dwell among them. And all shall glory in Thee that love Thy name, for Thou shalt bless the righteous. O Lord, as with a shield of Thy good pleasure hast Thou crowned us.

PSALM 89

Lord, Thou hast been our refuge in generation and generation. Before the mountains came to be and the earth was formed and the world, even from everlasting to everlasting Thou art. Turn not man away unto lowliness; yea, Thou hast said: Turn back, ye sons of men. For a thousand years in Thine eyes, O Lord, are but as yesterday that is past, and as a watch in the night. Things of no account shall their years be; in the morning like grass shall man pass away. In the morning shall he bloom and pass away, in the evening shall he fall and grow withered and dry. For we have fainted away in Thy wrath, and in Thine anger have we been troubled. Thou hast set our iniquities before Thee; our lifespan is in the light of Thy countenance. For all our days are faded away, and in Thy wrath are we fainted away; our years have, like a spider, spun out their tale. As for the days of our years, in their span they be threescore years and ten. And if we be in strength, mayhap fourscore years; and what is more than these is toil and travail. For mildness is come upon us, and we shall be chastened. Who knoweth the might of Thy wrath? And out of fear of Thee, who can recount Thine anger? So make Thy right hand known to me, and to them that in their heart are instructed in wisdom. Return, O Lord; how long? And be Thou entreated concerning Thy servants. We were filled in the morning with Thy mercy, O Lord, and we rejoiced and were glad. In all our days, let us be glad for the days wherein Thou didst humble us, for the years wherein we saw evils. And look upon Thy servants, and upon Thy works, and do Thou guide their sons. And let the brightness of the

Lord our God be upon us, and the works of our hands do Thou guide aright upon us, yea, the work of our hands do Thou guide aright.

PSALM 100

Of mercy and judgement will I sing unto Thee, O Lord; I will chant and have understanding in a blameless path. When wilt Thou come unto me? I have walked in the innocence of my heart in the midst of my house. I have no unlawful thing before mine eyes; the workers of transgressions I have hated. A crooked heart hath not cleaved unto me; as for the wicked man who turned from me, I knew him not. Him that privily talked against his neighbour did I drive away from me. With him whose eye was proud and his heart insatiate, I did not eat. Mine eyes were upon the faithful of the land, that they might sit with me; the man that walked in the blameless path, he ministered unto me. The proud doer dwelt not in the midst of my house; the speaker of unjust things prospered not before mine eyes. In the morning I slew all the sinners of the land, utterly to destroy out of the city of the Lord all them that work iniquity.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to thee, O God. (3x) Lord have mercy. (3x)

THE APOLYTIKION OF THE DAY (if not Great Lent or Alleluia season)

Glory to the Father and to the Son and to the Holy Spirit.

(from HOROLOGIAN)

For the Feast of the Dormition of the Theotokos

We worship Thine immaculate icon, O Good One, asking the forgiveness of our failings, O Christ our God; for of Thine own will wast Thou well-pleased to ascend the Cross in the flesh, that Thou mightest deliver from slavery to the enemy those whom Thou hadst fashioned. Wherefore, we cry to Thee thankfully: Thou didst fill all things with joy, O our Savior, when Thou camest to save the world.

THE USUAL THEOTOKION

Both now and ever and unto ages of ages. Amen.

What shall I call thee, O thou who art full of grace? Heaven, for from thee shone forth the Sun of righteousness; Paradise, for thou hast budded forth the Flower of immortality; Virgin, for thou hast remained incorrupt; Pure Mother, for thou hast held in thy holy embrace a Son, who is God of all. Beseech thou him to save our souls.

My steps do thou direct according to thy saying, and so let no iniquity have dominion over me. (2x in Lent)

Deliver me from the false accusation of men, and I will keep thy commandments. (2x in Lent)

Make thy face to shine upon thy servant, and teach me thy statutes. (2x in Lent)

Let my mouth be filled with thy praise, O Lord, that I may hymn thy glory and thy majesty all the day long. (3x in Lent)

Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (3x)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.
Lord, have mercy. (3x)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Reader: Amen.

THE KONTAKION OF THE DAY
(if not Great Lent or Alleluia season)

(from HOROLOGIAN)

For the Feast of the Dormition of the Theotokos

The grave and death could not hold the Theotokos, who is unsleeping in her intercessions and an unfailing hope in her mediations. For as the Mother of Life she was translated to life by Him Who dwelt in her ever-virgin womb.

THE PRAYER OF THE HOURS

Reader: Lord have mercy. (40x)

Thou who, at all times and at every hour, both in heaven and on earth art worshipped and glorified, O Christ God, long-suffering, plenteous in mercy and compassion, who lovest the just and showest mercy to sinners, who callest all men to salvation through the promise of good things to come: Do Thou, the same Lord, receive also our supplications at this present hour, and direct our lives according to Thy commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; and deliver us from all calamity, wrath and distress. Compass us round about with Thy holy Angels; that guided and guarded by their hosts, we may attain unto the unity of the faith, and unto the comprehension of Thine ineffable glory. For blessed art thou unto ages of ages. Amen.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

More honorable than the cherubim and more glorious beyond compare than the seraphim, thou who without corruption bearest God the Word and art truly Theotokos: We magnify thee.

Bless, father in the name of the Lord.

Priest: May God have compassion upon us and bless us; may he show the light of his countenance upon us and be merciful unto us.

Reader: Amen.

Priest: O Christ, the true Light, which illumineth and sanctifieth every man who cometh into the world: Let the light of thy countenance be signed upon us, that in it we may behold the light unapproachable. Guide our footsteps aright, to the keeping of thy commandments, through the intercessions of thine all-immaculate Mother and of all thy saints. Amen.

Reader: To thee the Champion Leader, do I offer thanks of victory, O Theotokos, thou who has delivered me from terror; but as thou that hast that power in vincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail O Bride without Bridegroom.

THE LITTLE DISMISSAL

Priest: Glory to thee, O Christ our God and our Hope, glory to thee.

Reader: Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.

Lord, have mercy. (3x)

Father, bless.

Priest: May Christ our true God, through the intercessions of his all-immaculate and all-blameless holy Mother; of the holy, glorious, and right-victorious martyrs; of our venerable and God-bearing fathers; of the holy and righteous ancestors of God Joachim and Anna; of (N., saint of the day), whose memory we celebrate, and of all the saints: have mercy upon us and save us forasmuch as he is good and loveth mankind.

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

Reader: Amen.

